

# **Herbal Remedies For Stress: Herbal And Aromatherapy Recipes You Can Make (Heart Of Herbs Herbal School Guides) (Volume 1)**

**By Demetria Clark**

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Oct 06, 2010 as a natural method for treating numerous types of anxiety. Herbs natural anxiolytic agents. Herbal Natural remedies for anxiety

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### **Alternative Medicine Herbal Remedies For Anxiety -**

Nov 05, 2013 Herbal Remedies For Anxiety. beauty. Nov 06, 2013. Posted by fp brigette. 18 comments. If you know of any other herbal remedies for treating anxiety,

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